



2025-26

ANNUAL IMPACT

REPORT



Langley Senior
RESOURCES SOCIETY



OUR ViSiON

An inclusive community where seniors in Langley are valued and supported to learn, socialize, and thrive.

OUR MiSSION

As leaders in our community, we provide programs, services, and connection through a holistic approach that meets the emotional, physical, and social needs of seniors and their families.

OUR VALUES

Leading with Heart → Volunteerism
Compassion → Welcoming → Inclusiveness
Innovation → Collaboration → Integrity

A MESSAGE FROM OUR Board President and Executive Director

This has been a year of bold action, meaningful growth, and shared purpose. Looking back on all LSRS has accomplished, we are proud of our progress and deeply grateful to all who made it possible.

LSRS has expanded its reach, programs, and services to support more seniors and their families than ever before. This growth has been intentional and guided by our mission to provide holistic support through programs, services, and meaningful connections. Every new initiative, increased investment, and expanded service reflects our commitment to meeting the evolving needs of our community.

In 2025, we embraced new opportunities to lead and advocate for seniors. As our role in the community grew, we responded by strengthening partnerships, expanding our impact, and finding innovative ways to serve. This work was recognized when LSRS was named the 2025 Non-Profit of the Year by the Greater Langley Chamber of Commerce - a clear validation of what is possible when our community works together with intent and purpose.

None of this would be possible without the dedication of our extraordinary staff, wonderful volunteers, the trust of our members and clients, and the generosity of our donors and community partners. Your time, support, and belief in our mission continue to create lasting change and inspires us every single day.

Thank you for being part of the LSRS community and for helping us make this year one of meaningful and purpose-driven impact.

Loretta Solomon, Board President
Kate Ludlam, Executive Director



"We are proof of what a community can accomplish when it comes together for a common purpose. We are achieving things none of us could do alone and isn't that marvellous!"

ABOUT LSRS

Langley's senior population is growing quickly, and for 40 years the Langley Senior Resources Society has been steadfast in building capacity to meet their evolving needs.

Since 1985, we have grown into a leading provider of programs and services that enhance the health, well-being, and independence of older adults. Our innovative recreation, education, and social programs are complemented by essential supports that help vulnerable seniors access housing, food security, transportation, and navigate complex bureaucratic systems. Today, our role is more important than ever.

As the operator of BC's largest free-standing seniors centre and Fraser Health's largest Adult Day Program, we are well positioned, alongside our community partners, to help shape a more connected, responsive, and age-friendly Langley.

We are grateful to the many partners, stakeholders, and donors whose support and commitment makes this work possible.

Most importantly, we're proud of our impact: in 2025, we supported over 11,700 seniors and their families - proof of the trust our community places in us and the growing demand for our services.

This has been a year of meaningful growth, but it marks only the beginning. As our community's needs evolve, our ability to respond must also grow. We invite you to join us in shaping and advancing the next chapter of support, connection, and opportunity for seniors in Langley.



OUR STRATEGiC PROGRESS

By engaging with members, clients, and the community, LSRS aligned its work under 4 strategic priorities. We've made measurable progress by focusing our efforts, allocating resources strategically, and adapting to changing circumstances while remaining grounded in our mission and values.

1

Deliver programs that are attractive and relevant to all older adults.



- Launched fitness classes and caregiver supports in Fort Langley.
- Introduced 22 new recreation, education, and social programs.
- Collaborated with 5 new partners to develop diverse and inclusive programming and services.
- Provided meaningful opportunities for over 215 volunteers.

2

Provide support services responsive to the unique needs of seniors.



- Launched "Super Clinics" to help seniors navigate complex government services and programs.
- Enhanced our Community Bathing program with a new therapeutic tub.
- Developed partnerships with local farmers and food producers.

3

Be a community leader on senior's issues.



- Hosted world-renowned scientist, broadcaster, author, and activist David Suzuki who spoke about the climate crisis and its impact on seniors.
- Active participant in research focused on older adults.
- Increased advocacy efforts on issues important to seniors.

4

Grow, manage, and invest in our assets.



- Investments to expand our catering services resulted in increased revenues to support our growth.
- We have robust policies in place to guide our work.
- Our fundraising program includes mail campaigns, grants, sponsorships, special events, major gifts, and legacy giving.

LSRS GROWTH SNAPSHOT

Three Years of Community-Driven Growth | 2023–24 to 2025–26

SENIORS SERVED ANNUALLY

11,793

in 2025–26, up from 7,573 in 2023–24



23–24



24–25



25–26

WHERE LSRS GREW THE MOST: % change, 2023–24 → 2025–26

+419%

Seniors using Better at Home services

208 → 1,080

+100%

Programs offered

30 → 60

+64%

Seniors helped with navigation

1,274 → 2,095

+60%

Housing Assistance services

620 → 994

+51%

Adult Day Program clients

451 → 683

+49%

Season to Share funds raised

\$52.5K → \$78.4K

+47%

Transportation & shopping trips

1,346 → 1,974

+34%

Wellness appointments

864 → 1,159

ALSO THIS YEAR:

4,039 seniors engaged in recreation, education & social programs • 1,190 members • 9,381 seniors accessed community services • 210 volunteers

YEAR IN REVIEW

Highlights of 2025-26



- Through a partnership with the Langley Primary Care Network, LSRS introduced new clinics and supports, like Pharma Day, where seniors can book time with a pharmacist to review their medications.
- A generous in-kind donation of 6 gently used laptops from Scout Technologies enabled our team to develop new and enhanced recreation programs for our Adult Day Program clients.
- Following a successful fundraising campaign, we added a new LSRS-branded van, expanding our capacity to deliver lunches to Adult Day Program clients and support our growing catering services.
- Our Season to Share campaign raised a record-breaking \$78,000, enabling us to expand vital supports for vulnerable and low-income seniors.
- With Langley Seniors in Action, COSCO BC, and the National Association of Federal Retirees, LSRS hosted a federal election all-candidates meeting, giving constituents an opportunity to meet candidates and discuss issues.
- Inspired by David Suzuki's visit to LSRS, we launched a new Eco-Awareness Group to turn community interest into ongoing environmental action.
- A generous donation of 40 turkeys from JD Farms made it possible to provide a traditional Christmas dinner to our community service clients, helping make the holiday season warmer and more meaningful for the seniors we serve.
- LSRS gave seniors a voice through representation on the City of Langley's Citizens Assembly; we also hosted the Assembly's community forum.
- Bard in the Valley brought its winter production of Macbeth to our recreation centre, creating a memorable opportunity for volunteers, members and guests to experience live theatre in a welcoming and accessible community setting.
- Our Executive Director was a guest on the Senior Services Society of BC's *Seniors in Focus* podcast, raising awareness of senior's loneliness and social isolation.
- LSRS welcomed Canadian snooker legend Cliff Thornburn for an inspiring master class, giving participants the opportunity to learn from one of the sport's greatest champions.

LSRS VOLUNTEERS

Volunteers are the heart of LSRS, contributing their time, skills, and life experiences across almost every area of our operations. Their dedication **strengthens our programs, enriches experiences for our members and clients**, and is a **vital component of our growth plan**.

Volunteers support LSRS as drivers, telephone buddies, visitors, front desk helpers, greeters, café servers, event assistants, library and club leaders, gardeners, and Board Directors. Their commitment **extends our capacity to deliver programs and services** while creating a welcoming and vibrant place for all.

In 2025, **more than 210 volunteers** contributed 10,291 hours of service. Based on a minimum wage of \$18.25, the impressive dollar value of their volunteer service is \$187,807.25.

Our volunteer-led social enterprise, the Tuk Shop Thrift Boutique, continues to make a significant impact by turning community donations into vital program support. In 2025, Tuk Shop volunteers helped generate **more than \$38,000 in revenue**, directly contributing to the sustainability of LSRS programs and services.





ADULT DAY PROGRAM

LSRS operates Fraser Health's largest Adult Day Program, supporting the health, well-being, and quality of life of older adults with physical and/or cognitive limitations, including early-onset dementia.

Our multidisciplinary team of recreation programmers, care aides, and nurses deliver **therapeutic engagement and personalized care** that fosters connection, dignity, and belonging. Our **client-centered approach** gives families and caregivers, many of them seniors themselves, trusted respite and peace of mind.



LSRS invests in the **future of senior care** by training emerging professionals. In 2025, 17 practicum students gained hands-on experience at our ADP.

Our Community Bathing Program **promotes dignity and independence** through compassionate personal care - we delivered 1,095 baths in 2025.



And, thanks to a P.A. Woodward's Foundation grant, we replaced our aging tub with a height-adjustable, multi-sensory model that offers a **true wellness break for senior's** bodies and minds.



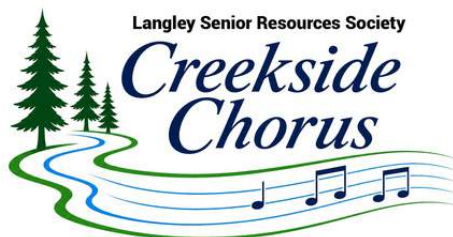
PROGRAMS

LSRS offers **60+ programs** spanning fitness, lifelong learning, creativity, and social connection. We help members stay active, build relationships, develop skills, and remain engaged in their community.

Thanks to a partnership with St. George's Anglican Church and, with the support of dedicated volunteers, we launched Chair Yoga, Movement and Balance **fitness classes and caregiver support groups in Fort Langley** where seniors supporting loved ones can connect, share, and find resources.

Our public **Monday Morning Talk Show** speaker series drew 1,269 attendees across 44 sessions in 2025, covering topics from AI and fraud prevention to issue around aging, health, and well-being.

This year's **essential services** included hearing, fall prevention, legal, and flu clinics, plus footcare and massage. Members also enjoyed book and chess clubs, music jams, painting, Spanish lessons, card groups, ballroom dancing, woodcarving, music jam and our Creekside Chorus choir, and **social groups** like Changing Gears, Circle of Friends, Flying Solo, and Seniors Pride Social.





PROGRAMS

Our **escorted and inclusive bus trips** provide fun excursions throughout the lower mainland and beyond. In 2025, we had 22 bus trips where 421 seniors ventured out to places such as the Sunshine Coast, Manning Park, Hastings Race Track, Coquihalla Canyon, Whistler Arts Market, a return trip to Haida Gwaii, and an extraordinary 16-day trip to Thailand.



We host a **variety of social events** including pub lunches and dinners, and multiple activities that celebrate holidays like Christmas, Chinese New Year, St Patrick's Day, Diwali, National Seniors Day, Oktoberfest and more!



ACADEMiC PARTNERS

Our academic collaborations continue to grow. The LSRS Research HUB taking shape and our research participation is increasing.

Most notably, our involvement with SFU has deepened: this year, we hosted a 'Cool Hood' workshop aimed at increasing awareness of and addressing climate change in neighbourhoods. SFU Department of Gerontology shared resources and expertise as LSRS developed its engagement survey. And, in 2026, we'll welcome a cohort of 1st-year SFU School of Medicine students to help deepen their understanding of community health.



COMMUNITY SERVICES

As Metro Vancouver's senior population grows, so does the need for LSRS's community services. With a 22% increase in seniors supported this year, our client-focused approach ensures vulnerable seniors get wrap-around support - where and when they need it.

Better at Home, funded by the Government of British Columbia and managed by the United Way, helps older adults with non-medical daily tasks so they can stay independent at home and connected to their communities. This year, we supported 1,080 seniors through this program.

Our **Seniors Community Connectors** link individuals to community resources and support networks, bridging the gap between healthcare and social care. Service navigation, helping seniors complete forms, apply for benefits, and access housing assistance, remains central to our work. This year we launched "Super Clinics," giving seniors on-site access to multiple government services. In 2025, our **Community Service Navigators** and Community Connectors provided 2,095 navigation services.

With donor support, our **HOPE Fund** (Helping Older People Excel) assisted 96 seniors in crisis - addressing hoarding, home repairs, medical supplies, and urgent housing support to help prevent homelessness.





COMMUNITY SERVICES

In partnership with the CRA, our free Income Tax Clinic connects older adults with modest incomes and simple tax situations to knowledgeable volunteers who file on their behalf - this year, we helped 458 seniors complete their taxes.



Food insecurity among seniors continues to grow. Once again, we partnered with the BC Farmers Market to provide nutrition coupons giving low-income seniors access to healthy, locally-grown fruits and vegetables. Our **Meals to Go** program provides healthy and nutritious frozen meals, delivered by volunteers, to seniors who need food support. We also worked closely with Langley Meals on Wheels, Raphael House, and generous private donors to help seniors facing food insecurity.



Through our **Be a Santa to a Senior** program, we delivered over 200 hampers to seniors who might otherwise have nothing under the tree, each packed with a full turkey dinner, gifts, cards, and a handmade Christmas cracker. This was made possible by generous support from London Drugs, MacCallum Law, Gateway Casinos & Entertainment, JD Farms, Westminster Lift Truck, MLA Jody Toor, students at Noel Booth Elementary, Langley RotarACT, the International Soroptimists of the Langleys, and volunteers from Inclusion Langley, Langley RCMP, and LSRS volunteers and staff. For many seniors, it was the only gift they received all season.



SPECIAL EVENTS

LSRS took part in a range of special events and community initiatives this year, including the Langley Community Walk, City of Langley Community Day, GlobalFest, Langley PRIDE, Langley RibFest, International Overdose Awareness Day, Langley Goodtimes Cruise-In, and Truth & Reconciliation Day.

Seniors Week 2025 was filled with learning events, try-it activities, and special promotions celebrating older adults. We marked **National Seniors Day** with a screening of "Later is Too Late," a documentary on the existential threat of the climate crisis. Afterward, **renowned scientist, broadcaster, author, and activist David Suzuki** spoke passionately about the climate crisis and its impact on seniors.

ADVOCACY

This year, we increased our advocacy efforts on a number of critical issues for seniors including affordable housing, sustained funding for frontline services, and the value of seniors centers. By working with our three levels of government, the Office of the Seniors Advocate BC, and our advocacy partners, we are raising our collective voices on issues important to seniors.





CAFE & CATERING

After a lively "Name the Café" contest, our beloved Creekside Café was officially born - and it's thriving. With an expanded menu, including new Saturday breakfast offerings, we're seeing more friends and members gather to share a meal, enjoy a warm visit, and support one another.



Whether it's savoring a coffee and a baked treat, digging into a hearty soup and sandwich, treating yourself to a lunch special, or grabbing a Meal To Go on the run, you can count on our friendly staff and caring volunteers to serve with a smile.

Investments in our catering business are paying off, too - we're attracting more clients and revenue has nearly doubled compared to last year.



Hosting Bard in the Valley's winter production gave us the chance to craft beautiful gourmet charcuterie boards, a scrumptious addition to the BIV theatre experience.

As a proud "caterer for a cause," every dollar of net proceeds is reinvested straight back into our operations, fueling our growth and helping us reach even further into the community.



FINANCIAL SUMMARY

April 1, 2025 - March 31, 2026

Financial review conducted by DMCL Chartered Accountants.

REVENUE BY SOURCE		EXPENSES	
Adult Day Program	\$ 1,546,144	Administration	\$ 423,177
Community Services	\$ 101,728	Facilities Costs	\$ 243,952
Food Services	\$ 448,654	Food Service costs	\$ 247,244
Fundraising	\$ 229,004	Operational costs	\$ 225,694
Grants & Foundations	\$ 751,764	Program costs	\$ 215,103
Membership & Program Fees	\$ 409,357	Wages & related costs	\$ 2,558,019
Other*	\$ 47,122	Other	\$ -
TOTAL	\$ 3,533,773	TOTAL	\$ 3,913,188

*Other revenue includes facility rental, and interest.

OUR COMMUNITY OF DONORS

We extend our heartfelt gratitude to our generous donors, whose unwavering support makes our work and impact possible.



LEADER \$25,000+

Judy De Vries **
LSRS TUK Shop
Senior Services Society of BC-SHINE Program
United Way British Columbia
P.A. Woodward's Foundation

BENEFACTORS \$10,000 - \$24,999

City of Langley
Matt Handley
Rono Holding Company Ltd.
Township of Langley
Valley First - A Division of
First West Credit Union

PARTNER \$5,000 - \$9,999

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Arlin Foundation
Ears Hearing Clinic
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Dundee Eckersley
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BC Association of Farmers' Markets
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Penny Rowan
Leone Scott
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Langley
Thank You for Caring Society
The Shewan Foundation
Sherry Tingley
Pam Weitzel

SUPPORTER \$500 - \$999

Anonymous (3)
Ana Maria Abella
Jean Alexander
Margaret Baker
Marlene Best
Kelly Blouin
Jon Bonthuis **
Bria Communities
Stacey & Matt Buss
Paul Crump
Linda Davies
Irene Dawson *
New West Bread Ltd.-A Bread Affair
Karen Dyck

Lois & Richard Edwards
Glenys Eis
EXP Realty
Barbara & David Fisher-Fleming
Sheila Fitzpatrick
Leslie Anne Gaudette
Genie Senior Services
Chung Byung Ha
Henderson's Langley Funeral Home
Margaret Henrey
Jean Hope
Judith Hutmacher
JJ Bakes Company
Terrie Judson
Pauline Koch
Langley Good Times Cruise-In Society
James Long-Langley Pride Society
Kate Ludlam
Donna Lutek
Alastair Murdoch
Personalized Dementia Solutions
Roland Rihela
Diana Sampson
Schneider, Estate of Barbara Jean
Rick The Realtor
The United Churches of Langley
Township of Langley Firehall #5
Dale & Patricia Trentini
Westminster Lift Truck Services
Noreen Willingdon

FRIEND \$100 - \$499

Anonymous (3)
Maureen Airey
Lori Alexander
Anna Alexis *
Carol Arkinstall
Timothy Babiuk *
Sherry Baker
Mary Ball
Kathleen Banziger

Bill Beadle	Judaline Henders	Vivenciana Padernal
Glen Beauchamp	Claudette Hessberger	Donald Pennington
Glenn & Roberta Benson	Evelina & Gerry Hohmann	Edward Pentland
Dennis Brock	Judith Houston	Bill & Arlene Pike
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Joan Brown *	Raphael Jallot	Sandra Reams
Canadian Innovative Services Ltd	Louise Johnston	Renate Reichert
Leah Carter	Waltraud (Val) Johnstone	Denis Reid
Hedy Cassap	Fay Keller	Sandra Rempel
Gina Challenger	Joyce King **	Malcolm Robertson
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Donna Cowan	Tracey Lane	Cindy Savoy
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Judith & Robert Darey	Leading Edge Promo	Allan Schultz
Gail Davis	Mary Gail Legge	Sheila Scott
Barbara Delmonico	Dorothy Leite	Doreen Searle
Julie R. Dickey *	Carol Lemieux	Howard Gordon Searle
Frank Dillon	Janet Lewis	Anita Seifert
Valmai Dirks	Lorna Lindroth	Joy Sentes
Lutz & Karin Dornblut	London Drugs Foundation	Kerry Sharp
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Shirley Dutt	Scott MacMillan	Lily Spratt *
Lorna Dysart	Joel Robert Madden	Joy Stadnyk
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Maureen Goss	Jan Miscich	Linda Warner
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Lucy Guest	Lynda Neveroski	Jane Young
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Carol Diane Halls	Brett O'Reilly *	
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	Elisa Padernal	

**indicates monthly donor*

***indicates Legacy donor*

FUNDERS AND PARTNERS

Our important work would not be possible without the generous support of our funders and partners. We're grateful for their commitment to helping seniors in Langley thrive.



First West Foundation is proud to provide grants through the Envision Financial Endowment Fund



1 Fish, 2 Fish
A & W Foods
BC Association of Community Response Networks
BC Housing
BC Ministry of Social Development & Poverty Reduction
BC Technologies
BC Therapeutic Touch Network Society
Backyard Vineyards
Bard in the Valley
Big Hearts Home Healthcare
Black Press Media - Langley Advance Times
Brella Community Services
Bria Communities
Buddy With A Truck
Canada Revenue Agency
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COBS Bread, Cloverdale
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COSCO - Council of Senior Citizens' Organization of BC
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Langley Division of Family Practice

Langley Dance Connection
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Langley Hospice Society
Langley Lodge
Langley Meals on Wheels
Langley Pride Society
Langley Primary Care Network
Langley RCMP
Langley Seniors in Action
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Lookout Housing and Health Society
Lower Fraser Valley Aboriginal Society
MacCallum Law Group
Men's Shed Langley
National Association of Federal Retirees
New Directions English Language School
New Vista Healthcare & Housing
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Project Black Feather
QMunity
Raphael House
Ratzlaff & Co.
Ron Cares Society
Rotary Clubs of Langley
Seniors First BC
Service Canada
St George's Anglican Church - Fort Langley
Stepping Stone Community Services Society
Surrey Firefighters Association
TAG Pest Control
TELUS Mobility for Good
Township 7 Winery
Township of Langley Firefighters
United Churches of Langley
Venvi Renaissance



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