

LANGLEY SENIOR RESOURCES SOCIETY



Our mission is to provide programs and services that promote meaningful and healthy lives for mature adults, seniors and their families.

Through a community consultation process in 2012, Langley Senior Resources Society was unanimously chosen to host the **Better at Home** Program for Langley City and Township.

Our Outreach Department has 20 years experience in delivering practical services to seniors that enable them to remain independent and connected to the community.

Better at Home adds non-medical home supports to our inventory of Outreach Services.

604-530-3020

FOR MORE INFORMATION

Phone: 604-530-3020

Website: www.lsr.ca

Coordinator:

Janice McTaggart, Ext 302

Admin Assistant:

Carrie Hadden, Ext 305

Outreach Community Liaison

Ext 306

WE ARE LOCATED IN

Langley Seniors Centre

20605-51B Avenue,

**Langley, BC
V3A 9H1**

**Charitable Tax Number:
0735 290-01-27**

LANGLEY



**United Way helping seniors
remain independent.**

Providing non-medical home supports for seniors in Langley City and Township

604-530-3020



United Way helping seniors remain independent.



United Way

Funded by the Government of BC

Transportation Assistance

Trained and screened volunteers drive their own vehicles to pick up a pre-registered senior, take them to their appointment and home again.

TRANSPORTATION RATES

(return trip included)

City of Langley	\$12
Brookwood, Fern-ridge, Walnut Grove, Ft Langley	\$20
Aldergrove	\$25
Surrey	\$30
Abbotsford Coquitlam New West	\$50
Mission, Burnaby, Vancouver Richmond	\$55
UBC, Vanc Airport, North Van St. Paul's	\$60

Clients are responsible for parking costs and bridge tolls.

Grocery Shopping

A trained and screened volunteer can pick up your list and shop for you or you can book a ride and go along. Transportation rates apply.

Light Housekeeping

A trained, paid housekeeper from Comfort Keepers will come to your home to assist with vacuuming, dusting, washing floors, etc. Rates are \$26/hour, 2 hour minimum.



Friendly Visitor

A trained and screened volunteer will visit weekly to get to know you and brighten your day.

SUBSIDIES

Fees are charged on a sliding scale based on your annual household income. A home visit is preferred to determine your needs.

WHO IS ELIGIBLE?

- Seniors who live in the City or Township of Langley
- 60 years and up (subsidies apply to those 65 & over)
- Needing help with basic tasks

For [Better at Home](#) Services in other communities:

Call: 604-268-1312

Email: info@betterathome.ca

HOW CAN I HELP?

- Become a volunteer
Call Janice at Ext 302
- Sponsor a low income senior (\$50/month)
- Donate to Langley [Better at Home](#) through Langley Senior Resources Society

604-530-3020